

Joint Health and Wellbeing Strategy

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What this presentation covers

- Why have a Joint Health and Wellbeing Strategy
- Strategic context
- Health context
- Health and Wellbeing Board
- The Nottingham Plan to 2020
- Priorities in the strategy
- Timeline for final strategy

Why have a Joint Health and Wellbeing Strategy?

Health and Social Care Act 2012:

- Duty to produce Strategy
- Strategy to meet the needs identified in the JSNA
- Duty to have regard to Strategy
- Duty to involve local HealthWatch and local community in developing Strategy

Strategic context

Joint Health and Wellbeing Strategy links to:

- National Outcomes Frameworks
- The Nottingham Plan to 2020
- Vulnerable Adults Plan
- Children and Young People's Plan

Health context

Time of significant change for health, e.g.

- Local authorities to take on public health responsibilities
- GP Clinical Commissioning Groups to take on commissioning responsibilities
- HealthWatch to begin
- NHS Commissioning Board responsibilities
- Health and Wellbeing Board no longer shadow

And time of financial constraint

Health and Wellbeing Board

- Main aim is to reduce health inequalities in Nottingham
- Through health focused interventions
- Commitment to achieving 2020 Healthy Nottingham targets
- Also aim to integrate health and social care further
- Membership: providers, commissioners, third sector (includes GPs & other health professionals, Councillors, officers)

The Nottingham Plan to 2020

Healthy Nottingham 2020 targets:

- Reduce the health inequality gap between Nottingham and England by 20%
- Reduce smoking prevalence to 20%, which is below the national average
- Reduce alcohol related hospital admission to 1,400 per 100,000 population
- Reduce the proportion of overweight and obese adults to the 2000 average levels for England, 60%
- Increase levels of physical activity to 32% of adults participating in 3 x 30 mins moderate physical activity per week
- Reduce the proportion of people with poor mental health by 10%

Also:

- Child obesity will be reduced to 18%
- The teenage pregnancy rate will be halved
- Increase the number of people successfully completing drug treatment from 14.28% to 20.5% by March 2014

Prevention Priority: Healthy Nottingham

Headline target: Reduce the proportion of adults drinking at increasing or higher risk to 7%

Outcomes in Strategy:

- Fewer alcohol-related hospital admissions
- Lower rates of crime
- Fewer alcohol-related illnesses and deaths

Actions in Strategy:

- Provide and promote services for people who require support to reduce their drinking.
- Support national initiatives to reduce harmful drinking such as minimum unit pricing.
- Develop a workforce that is competent, confident and effective in promoting a safe, responsible and healthy approach to alcohol.
- Extend successful partnership schemes to neighborhoods where specific issues have been identified.
- Develop effective solutions to reduce the impact of licensed premises on ASB, crime and disorder and health

Integration Priority: Supporting older people

Headline target: Increase the proportion of people aged 65+ still at home 3 months after discharge from hospital into rehabilitation

Outcomes in Strategy:

- Citizens know what choices are available to them locally and who to contact when they need help
- Citizens and their carers who use social care and health services are satisfied with their experience
- Earlier diagnosis, intervention and reablement means that citizens and their carers are supported to manage their care, improving quality of life and are less dependent on intensive services

Actions in Strategy

- Development of co-ordinated care model with and emphasis on joined up care and proactive support
- Creation of 'Independence Pathway' integrated assessment and reablement services
- Creation of single health and social care 'front door'
- Joint commissioning of integrated assistive technology service

Early intervention priority: Improving mental health

Headline target: **TBC**

Outcomes in Strategy

- Improving early years development – supporting better parenting and ensuring services are geared to give children a good start in life
- Keeping people in work and helping people return to work, through removing health as a barrier to employment

Actions in Strategy

Children:

- Parenting programmes for those whose children at age 0-5 are at highest risk of developing conduct disorders
- Coordinating aspects of commissioning for children

Adults:

- Employment programmes to help people return/remain in work

Changing culture and systems: Priority families

Headline target: 1,200 targeted families will have been engaged with the Priority Families programme. At least 800 will have seen improvements in their school attendance rates, levels of ASB and youth offending, and/or worklessness by 2015/16

Outcomes in Strategy:

By 2015/16, at least 800 of the 1200 families engaged will achieve one or both of the following sets of targets, with the other 400 continuing in the programme until outcomes are achieved:

[A]

- All children fewer than 3 fixed exclusions and less than 15% unauthorised absence in last 3 terms
- A 60% reduction in ASB across the family in the last 6 months
- Under 18 offending to have reduced by at least 33% in last 6 months
- Progress to work for one adult not working eg volunteered for work programmes in last 6 months

[B]

- At least one adult moved off out of work benefits into continuous employment in the last 6 months

Actions in Strategy

- Implementation of new operating model with 1,200 families by 2015
- Deliver full family assessments, full family plans and new supervision model
- Workforce development delivered as required by operating model
- Rollout and further development of integrated data management

Nottingham Plan targets – Common themes

In all areas, further work to be done;

- Focusing on workforce (health and contribution it can make to citizen health)
- Focusing on children and young people (better joined up delivery across children's services and in schools)
- Role that planning and enforcement services can play in prevention

Relaunch Decade of Better Health with particular focus

Workforce:

- Promoting healthy workforce
- Frontline colleagues to promote healthy lifestyles

Children and young people:

- Promoting healthy lifestyles through schools

Continue to focus on community engagement around health



Timeline for final strategy

- Draft to Health and Wellbeing Board – 27th February
- Consultation – March-April
- Final approval – June

- Strategy to run until 2016